

Yellow Belly Ultras – Tabbed in the Head – 15 Mile Load Bearing Endurance event

Event Information

“You’ve got to be Tabbed in the Head to take this on..”

A brutal 15 – Mile Loadbearing endurance race through the stunning – but unforgiving – Lincolnshire Wolds. Inspired by military test marches. This isn’t your average trail run. You’ve got two options:

- Loadbearing – Carrying a minimum of 30lbs plus food and water. Females carrying 25lbs plus food and water.
- Clean Fatigue – Tackle the course with nothing but grit and good trail shoes.

But make no mistake – This is no scenic jolly.

You’ll face relentless terrain, freezing winds and a strict cutoff time of 4.5 hours to cover the course.

Fail, and you’re out!

(Clean fatigue have 4 hours to finish)

This race will push your limits – Physically and mentally. You’ll curse the hills, question your life choices and probably your sanity.

This you’ve still got what it takes?

Then you must be tabbed in the head.

Entries

Entries open for the event on Monday 15th December 2025 and are limited to 150 places on a first come first served basis. Entries are priced at £35.00 per person and are nonrefundable. There is also the option of ordering a Yellow Belly Ultras buff for £5.00 to be collected on race day.

Start/Finish Location

The race registration, Start and Finish is at The Clickem Inn, Swinhope Nr, Binbrook, Market Rasen LN8 6BS. Grid Location: **TF22219729**

Race Start is at 8AM on Sunday 13th December 2026 for Loadbearing and 8:30AM for Clean Fatigue. The race will finish at 12:30

Please note, there is limited parking available. Car sharing is advisable where possible.

Registration

Registration/Kit check will take place at The Clickem Inn, Swinhope Nr, Binbrook, Market Rasen LN8 6BS. Grid Location: **TF22219729** between 6:45am -7:45am on Sunday 13th December 2026.

Awards

A bespoke Medal for Finishers only.

Additional prizes will be awarded to 1st, 2nd and 3rd place Male and Female Loadbearing and Clean Fatigue runners.

Aid Stations

There will be 1 water station along the length of the course. This will be situated at Beesby village - Bluebell woods and is accessed at Mile 4 and Mile 8 on the course. The Aid station will be limited to water, fruit and sugary sweets.

Crew/ Pacers

Crew and Pacers are not permitted at this event. That means, runners cannot be handed any supplies, fluid or clothing along the way. Spectators may attend the course but must not, under any circumstances park at, near to or attend any of the official aid stations. Spectators must not hand over or exchange anything with runners except for words of encouragement, please!

One exception to this is at the finishing line where a runner may be joined by as many friends and family as he or she wishes to celebrate the achievement.

Medical

There will be a dedicated team of race medics available throughout the duration of the weekend. If you suffer an injury or accident that warrants direct medical attention, the medics will be on hand to provide you with exactly that. Contact numbers and full details of what to do in an emergency will be given to you in the pre-race information packs and again at race registration.

Kit

Loadbearing – You will be required to provide your own packed bergen for the event. This will need to be packed with everything that you would typically need for a safe day out in the hills. Including sleep system, cooking system, spare base layers, waterproofs, hat, gloves and medical kit as an example. Under no circumstance is a load bearer to pack their bergen with dead weights such as excessive water, sandbags or weightlifting weights. These will not pack correctly, becoming uncomfortable and moving around over time with a high chance of resulting in injury. You will require your bergen tightly packed with all compression straps pulled tightly and a snug fit to your body. Packs will

be weighed before and after the event. You'll be surprised how many people ditch heavy gear along the route to collect later!

You will also require good hiking/military boots with ankle support. No trail running trainers to be worn for the load bearing event.

Finally, dress appropriately for the conditions on the day and personal preference.

Clean Fatigue – Suitable trail running trainers are advised. You will also require a small running pack to carry any waterproofs, spare base layers as well as any food and water.

Dress appropriately for the conditions on the day.

A head torch is advised as the first 30-40 minutes will dark.

* Yellow Belly Ultras are a cup-less event. You will need to bring your own cup/bottle for hot/cold drinks at aid stations.