

Yellow Belly Events – Yellow Belly Ultra 50 Mile

Event Information

Yellow Belly Events brings you the Yellow Belly Ultra 50 Mile. A truly stunning circular route taking you through the undulating Lincolnshire Wolds and following sections of the scenic Viking way. The route passing through some beautiful and historic Lincolnshire villages and towns and features a punchy 4500ft of ascent and descent. With a hard cut off time of 18 hours, and 4 fully stocked aid stations along the way, this is the ideal Ultra distance for your first event, or for more seasoned runners to clock a fast time.

Entries

Entries open for the event on 16th September 2025 and are limited to 150 places on a first come first served basis. Entries are priced at £79.00 per person and are nonrefundable.

Start/Finish Location

The race registration, Start and Finish is at Swallow Village. Lincolnshire LN7 6DL. Access is off the A46 - Grid Location: [TA177030](#)

Race Start is at 6AM on Saturday 12th September 2026. The race will finish at Midnight on Saturday 12th September 2026.

Please note, there is limited parking available. Car sharing is advisable where possible.

Registration

Registration/Kit check will take place at Swallow Village on Friday 11th September 2026 between 6-9pm. Last minute registration and tracker fitting will take place 4:50am - 5:50am on Saturday 12th September 2026.

Please ensure that you can make registration on Friday 11th September 2026 as there is limited time and availability to do this before the race start

Awards

A bespoke Medal for Finishers only.

Additional prizes will be awarded to 1st, 2nd and 3rd place Male and Female runners.

Aid Stations

There will be 4 aid stations along the length of the course. Aid stations are located at regular intervals along the way with additional places to access water. A full list of the aid stations and all opening closing times can be found in the pre-race information.

All aid stations carry as a minimum, supplies that will cover most dietary requirements Including but not limited to:

Water

Coke/ Pepsi

Chocolate/ Sweets/ Biscuits

Nuts

Fruit

Sandwiches and Wraps

Savoury Snacks including vegan options

Lots of other sweet and savoury snacks

Hot drinks are available at Tealby, South Elkington and the Start/Finish location. Hot food at the finish only. These are all included in the entry fee.

Where we may not be able to cater for all special dietary requirements, if a participant with a special dietary requirement were to contact race directors ahead of time, we may be able to cater for this

Drop Bags

Each participant can have a drop bag which can be accessed at Welton Le Wold. Drop bags can be deposited at race registration and should be clearly labelled with runner's name and bib number. These will be transported to South Elkington and then back to the Finish. Your drop bag may be a maximum of 10 Litres.

Crew/ Pacers

Crew and Pacers are not permitted at this event. That means, runners cannot be handed any supplies, fluid or clothing along the way. Spectators may attend the course but must not, under any circumstances park at, near to or attend any of the official aid stations. Spectators must not hand over or exchange anything with runners except for words of encouragement, please!

One exception to this is at the finishing line where a runner may be joined by as many friends and family as he or she wishes to celebrate the achievement.

Medical

There will be a dedicated team of race medics available throughout the duration of the weekend. If you suffer an injury or accident that warrants direct medical attention, the medics will be on hand to provide you with exactly that. Contact numbers and full

details of what to do in an emergency will be given to you in the pre-race information packs and again at race registration.

Kit

Here you will find a list of the mandatory kit required to participate in the event. This kit must be carried and/or worn at all times for the duration of the event. This is there to provide yourself and other runners with everything you may need in the event of an emergency.

Mandatory kit checks will be carried out prior to being issued with your race number. There may also be spot kit checks on the course and at the finish line.

Anyone found not to be carrying any items of mandatory kit will incur a 1-hour time penalty or possible disqualification.

The Yellow Belly 50 Ultra is 75% on trails. Therefore, suitable trail running shoes are advised.

- Suitable pack to carry mandatory items (Recommended 10L)
- GPS Tracker (Provided at Race Registration)
- Fully Charged Mobile Phone including the numbers for the Race Medic and Race Directors (on the number you have provided at registration)
- Water Bottles/Bladder capable of carrying a minimum of 1 litre
- Minimum of 500 Calories of suitable race nutrition
- Waterproof Jacket: Gore-tex or similar, minimum 10000mm+ & must have sealed seams
- Long sleeved base layer or fleece top - this must be carried separately from the start and kept dry, for use only in an emergency. Starting in 2 layers is not a substitute
- Warm Hat - Beanie Hat or Buff (either are accepted)
- Gloves
- Foil Survival Blanket/Bivy Bag 1.4m x 2m minimum
- Small first aid kit - to include: blister plasters, sterile dressing & bandage or tape
- Whistle – The one attached to your running pack is acceptable
- Compass
- Emergency map (provided)
- Headtorch or Primary Light Source - Minimum 100 Lumens

- Back Up Light source - Minimum 100 Lumens or spare batteries for Primary headtorch
- Cup for drinks at aid stations *

Recommended but not mandatory

- Electrolytes/Salt-caps
- A device with the GPS route on it* (This may be a phone app, GPS watch, or handheld GPS unit). The device must have sufficient battery life to last the event
- Lower body base layer or waterproof trousers
- Money
- Sunglasses
- Sun cream

* Yellow Belly Events are a cup-less event. You will need to bring your own cup for hot/cold drinks at aid stations.